

CONNIE FOURRÉ

AUTHOR AND EDUCATOR

PERSONAL PROFILE

I am dedicated to exploring and sharing practical methods for deepening spiritual resilience in the midst of today's challenges.

JOB EXPERIENCE

Wellness Coordinator

Benilde-St. Margaret's School, St. Louis Park, MN
September 2009-June 2014

Developed and implemented schoolwide program implementing body+mind+spirit approach to adolescent wellness.

Teacher and Faith Formation Director

Benilde-St. Margaret's School, St. Louis Park, MN
September 1991-June 2009

Taught religion classes, developed national award-winning service learning program, wrote curriculum resources, led faculty/staff and parent faith formation opportunities.

EDUCATION & TRAINING

MAHS, Holistic Health Studies
St. Catherine University

Teacher certification training
Mindful Schools, Oakland, CA

MA, Curriculum and Instruction
St. Thomas University

Post-graduate study, Theology
University of Notre Dame

B.A., Theology
College of St. Benedic

CONTACT INFORMATION

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BOOKS

The Spiritual Resilience Handbook
Soul Habits--Leader's Guide and Participant Journal
Making the Hours Count
Journey to Justice
Finding Your Way Through Domestic Abuse

AWARDS

Catholic Press Association,
First Place Book Award

National Catholic Education Association,
Secondary Educator of the Year

Islamic Resource Group,
Interfaith Leadership Award

National Youth Leadership Council ,
Twice named *National Service-Learning Leader School*

VOLUNTEER EXPERIENCE

ESL instructor and tutor in community and correctional facility settings
Facilitating interfaith dialogue and relationship building with Minneapolis Area ELCA Synod and local Muslim community